



Elementary & Junior High Physical Education Policies

PE RULES

1. Follow instructions the first time they are given.
2. Raise your hand for permission to speak.
3. Enter the facility quietly, and sit in assigned spot, in PE uniform (6th-8th).
4. Participate in all activities to the best of your ability.
5. Treat others the way you would like to be treated – Good Sportsmanship!

CONSEQUENCES FOR BREAKING A RULE

1st consequence: Warning

2nd consequence: Name in Discipline book, 5 minute time-out, 2 points lost.

3rd consequence: Name in Discipline book, 10 minute time-out, note to parents, 2 additional points lost.

JUNIOR HIGH (6th – 8th) ~ Teacher: Coach Delmar

GRADING

☐ **Proper Uniform**

- Students are required to wear the proper attire as outlined in the dress code for Physical Education. All students must wear **FA shorts, FA shirt, and sneakers**.
- **2 points** will be taken off for incomplete PE uniform.

☐ **Conduct**

- Name in the Discipline Book (**2 points per occurrence**):
 - ♦ Participation/Cooperation
 - ♦ Attitude
 - ♦ Sportsmanship
 - ♦ **Grading Policy:** Points taken off will be totaled at the end of the 9-week period and subtracted from 100 to determine number grade for JH Participation.

☐ **Attendance**

- Per the student handbook, students must be present 90% of days that school is in session – regardless if the absences are excused or unexcused. When the student's attendance in class drops below 90%, an action plan will be implemented by the Administration.

☐ **Unable to participate due to illness/injury**

- If your child is unable to participate for extended period of time (more than 3 days), a written note from a doctor stating the number of days or weeks the child is to be excused is required. If your child is limited to certain activities, this should also be included on the note.
- If your child should be excused from Physical Education class for one, two, or three days, a note from home is required containing the following items:
 - ♦ First and last name of child
 - ♦ Number of days to be excused (1, 2, or 3)
 - ♦ Reason child needs to be excused
 - ♦ Signature of parent or guardian

NOTE: This policy parallels the Student Handbook that states, "Illness - If a student misses more than 3 consecutive days due to an illness, a doctor's note must be provided in order for the absence to be excused."

ELEMENTARY (Kindergarten - 5th) ~ Teacher: Coach Baker

GRADING

☐ **Proper Uniform**

- Students must wear proper close-toe athletic shoes for safety purposes. If student wears dress shoes to school, please bring athletic shoes to change into before class. Shorts or tights must be worn under skirts/ dresses.
- **2 points** will be taken off for not wearing proper athletic shoes during P.E. (i.e. platform heels, hiking boots, sandals, slides, etc.). Students may not be able to participate in that day's activity and will also be given extra exercises to do during class.

☐ **Conduct**

- Consistent with each grade level's plan, based on:
 - ◆ Participation/Cooperation
 - ◆ Attitude
 - ◆ Sportsmanship
 - ◆ Respect

- ☐ **Grading Policy:** At the end of the 9-week period, there will be a one-point daily deduction from overall grade of 100 for poor participation/effort to determine number grade for participation.

☐ **Attendance**

- Per the student handbook, students must be present 90% of days that school is in session – regardless if the absences are excused or unexcused. When the student's attendance in class drops below 90%, an action plan will be implemented by the Administration.

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NOTE: This policy parallels the Student Handbook that states, "Illness--If a student misses more than 3 days in a row due to an illness, a doctor's note must be provided in order for the absence to be excused"